

FACILITY NAME:		Bambi Day Care Center		WEEK 1 OF 4:		
MEAL PATTERN		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<b>Serve all 3 components:</b>					
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit/vegetable	Bananas	Apples	Pears	Apples	Pears
	Grain	<b>WW Oatmeal**</b>	Rice Porridge**	ABC Milk Soup**	Farina**	<b>WW Cereal</b>
LUNCH	<b>Serve all 5 components:</b>	Chicken Noodle Soup	Rassolnik	<b>WW Chicken Buckwheat Soup</b>	Borsch	Bean Soup
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit	Pineapple Slices	100% Fruit Juice	100% Fruit Juice	Peaches	100% Fruit Juice
	Vegetable	Corn	Cucumbers	Tomatoes	Cucumbers	Tomatoes
	Grain	Beans	<b>WW Buckwheat</b>	Macaroni / Pasta	Bread	Bread
	Meat/meat alternate	Macaroni With Minced Meat	Chicken Cutlets	Meatballs with Sauce	Pilaf (Rice With Chicken)	Macaroni With Minced Meat in Red Sauce
SNACK	<b>Serve 2 components:</b>	Kefir			Cottage cheese parfait	Yogurt
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit	Peaches	Bananas	Peaches	100% Fruit Juice	Pineapple Slices
	Vegetable					
	Grain	Rolls		Bread	<b>WW Crackers</b>	Bread
	Meat/meat alternate		Turkey and cheese sandwich	Hard Boiled Eggs w/mayo		

\* Whole milk for children under 24 months. Low-fat or fat-free milk for children two through five. Low-fat or fat-free milk for children six and older. No flavored milk is served.

\*\* May be replaced/supplemented with cereal for children 24 months and older