

FACILITY NAME:		Bambi Day Care Center		WEEK 2 OF 4:		
MEAL PATTERN		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<b>Serve all 3 components:</b>					
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit/vegetable	Peaches	Bananas	Apples	Peaches	Bananas
	Grain	Rice Porridge**	WW Oatmeal**	WW Cereal	WW Oatmeal**	Farina**
LUNCH	<b>Serve all 5 components:</b>	Chicken Rice Soup	Pea Soup	Meatball Soup	Kharcho Soup	Vegetable Soup
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit	Apples	Peaches	100% Fruit Juice	Apples	100% Fruit Juice
	Vegetable	Corn	Cucumbers	Tomatoes	Cucumbers	Tomatoes
	Grain	WW Buckwheat	Bread	Bread	Bread	WW Buckwheat
	Meat/meat alternate	Chicken Cutlets	Macaroni With Minced Meat in Red Sauce	Pilaf (Rice With Chicken)	Macaroni With Minced Meat	Meatballs with Sauce
SNACK	<b>Serve 2 components:</b>	Kefir		Yogurt	Cottage cheese parfait	
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit	Bananas	100% Fruit Juice	Peaches	100% Fruit Juice	Apples
	Vegetable					
	Grain	Rolls		Cookies	WW Crackers	Waffles
	Meat/meat alternate		Turkey and cheese sandwich			

\* Whole milk for children under 24 months. Low-fat or fat-free milk for children two through five. Low-fat or fat-free milk for children six and older. No flavored milk is served.

\*\* May be replaced/supplemented with cereal for children 24 months and older