

FACILITY NAME:		Bambi Day Care Center		WEEK 3 OF 4:		
MEAL PATTERN		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Serve all 3 components:					
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit/vegetable	Apples	Bananas	Peaches	Bananas	Apples
	Grain	WW Oatmeal**	WW Cereal	Rice Porridge**	WW Cereal	Milk Noodle Soup**
LUNCH	Serve all 5 components:	Chicken Rice Soup	Rassolnik	Chicken Noodle Soup	Borsch	Chicken Millet Soup
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit	Pineapple Slices	Cucumbers	Bananas	100% Fruit Juice	100% Fruit Juice
	Vegetable	Corn	Mashed Potatoes	Tomatoes	Cucumbers	Tomatoes
	Grain	Bread	Bread	Bread	Macaroni / Pasta	WW Buckwheat
	Meat/meat alternate	Macaroni With Minced Meat	Baked Chicken	Pilaf (Rice With Chicken)	Chicken Cutlets	Baked Fish
SNACK	Serve 2 components:	Kefir		Yogurt		
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit	Peaches	100% Fruit Juice	Bananas	Peaches	Apples
	Vegetable					
	Grain	Rolls		WW Crackers	Pancakes with syrup	Croissants
	Meat/meat alternate		Turkey and cheese sandwich			

* Whole milk for children under 24 months. Low-fat or fat-free milk for children two through five. Low-fat or fat-free milk for children six and older. No flavored milk is served.

** May be replaced/supplemented with cereal for children 24 months and older