

FACILITY NAME:		Bambi Day Care Center		WEEK 4 OF 4:		
MEAL PATTERN		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Serve all 3 components:					
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit/vegetable	Pears	Bananas	Peaches	Bananas	Apples
	Grain	ABC Milk Soup**	WW Oatmeal**	WW Cereal	Rice Porridge**	Farina**
LUNCH	Serve all 5 components:	Chicken Millet Soup	Pea Soup	Fish Soup	Chicken Meatball Soup	Kharcho Soup
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit	Tomatoes	Peaches	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	Vegetable	Corn	Cucumbers	Tomatoes	Cucumbers	Tomatoes
	Grain	WW Buckwheat	Bread	Bread	WW Buckwheat	Macaroni / Pasta
	Meat/meat alternate	Chicken Cutlets	Macaroni With Minced Meat	Pilaf (Rice With Chicken)	Baked Chicken	Meatballs with Sauce
SNACK	Serve 2 components:	Kefir				Yogurt
	Milk	Milk*	Milk*	Milk*	Milk*	Milk*
	Fruit	Peaches	100% Fruit Juice	Pineapple Slices	Bananas	Pineapple Slices
	Vegetable					
	Grain	Rolls		Bagel, cream cheese	Pancakes with syrup	WW Crackers
	Meat/meat alternate		Turkey and cheese sandwich			

* Whole milk for children under 24 months. Low-fat or fat-free milk for children two through five. Low-fat or fat-free milk for children six and older. No flavored milk is served.

** May be replaced/supplemented with cereal for children 24 months and older